

British Columbia

Aging in Place Resources

Health Resources

1. [Health Link BC](http://www.healthlinkbc.ca) <http://www.healthlinkbc.ca>

24-hour information and support on accessing health services, nutrition, or medical care. Provides a connection to a nurse, dietitian, or pharmacist.

2. [The Deaf, Hard of Hearing & Deaf-Blind Well-Being Program \(WBP\)](http://deafwellbeing.vch.ca)- Vancouver Coastal Health <http://deafwellbeing.vch.ca>

Mental health services for Deaf, Hard of Hearing, and Deaf-Blind people throughout BC.

3. [Wavefront Centre for Communication Accessibility](https://www.wavefrontcentre.ca/services/hearing-clinicv1/lend-an-ear/)

<https://www.wavefrontcentre.ca/services/hearing-clinicv1/lend-an-ear/>

Provides direct services to deaf and hard-of-hearing persons and their families.

Lend An Ear Program provides refurbished hearing aids for those who cannot afford new ones.

4. [Choose to Move](https://www.choosetomove.ca/) <https://www.choosetomove.ca/>

A free six-month physical activity program for older adults delivered in partnership with YMCA and the British Columbia Recreation and Parks Association.

5. BC Partners for Mental Health and Addictions Information: [Here to Help](http://www.heretohelp.bc.ca)

<http://www.heretohelp.bc.ca>

Provides 24-hour information on mental health and substance use disorders, including symptoms, causes, treatment options, support groups, and community resources.

6. [BC Pharmacare](https://www2.gov.bc.ca/gov/content/health/health-drug-coverage/pharmacare-for-bc-residents) <https://www2.gov.bc.ca/gov/content/health/health-drug-coverage/pharmacare-for-bc-residents>

Information about prescription drugs coverage and Fair Pharmacare.

7. [BC Cancer](https://www.bccancer.bc.ca) <https://www.bccancer.bc.ca>

Provides cancer information from screening to treatment and novel therapies.

8. [Inspire Health](https://www.inspirehealth.ca/) <https://www.inspirehealth.ca/>

Programs and services to enhance quality of life, health, and well-being for people living with cancer. Free classes, no referral required.

9. [Alzheimer Society of BC](http://alzheimer.ca/bc/en) alzheimer.ca/bc/en

Educating and mobilizing a community of care around dementia; supporting research.

10. [211 BC](https://bc.211.ca/) <https://bc.211.ca/>

Free confidential service connecting people to community, government, social services.

Financial Resources

1. [Legal Help BC](https://legalhelpbc.ca/) (Legal Aid) <https://legalhelpbc.ca/>

Provides legal aid services to people with low incomes, including legal information, advice, and representation.

2. [BC Govt - Finance and Legal Matters for Seniors](http://www2.gov.bc.ca/gov/content/family-social-supports/seniors/financial-legal-matters)

www2.gov.bc.ca/gov/content/family-social-supports/seniors/financial-legal-matters

Information on financial and legal issues for seniors.

3. [BC Rent Bank](http://bcrentbank.ca) bcrentbank.ca

Interest-free financial assistance and advice for renters in difficult times.

4. [Property Tax Deferment Program](#)

www2.gov.bc.ca/gov/content/taxes/property-taxes/annual-property-tax/defer-taxes

A low-interest loan program that helps qualified B.C. homeowners defer property taxes on their principal residence.

5. [BC Hydro Free Programs Based on Income](#)

<https://www.bchydro.com/powersmart/residential/rebates-programs/savings-based-on-income.html>

Free programs for lower-income BC Hydro customers to help save energy and money. Includes free products and advice that will help save energy, lower energy bills and make homes more comfortable all year.

6. [Fortis BC Income-qualified offers](#) <https://www.fortisbc.com/rebates-and-energy-savings/saving-energy-in-your-home/save-money-and-energy-with-income-qualified-offers>

Income-qualified programs to make homes more energy efficient and more comfortable year-round.

Transportation Resources

1. [HandyDART Custom Transit](#) <https://www.translink.ca/rider-guide/transit-accessibility/handydart> (Metro Vancouver)

Door-to-door, shared ride service for passengers with disabilities who cannot use conventional public transit.

[BC Transit](#) (Greater Victoria and the rest of B.C. outside Metro Vancouver)

2. [TransLink](#) <https://translink.ca>

Public transit information including schedules, fares, and Compass cards.

3. [ICBC Driver Licensing](#) www.icbc.com/driver-licensing

Information about driver's licensing in BC

[Tips for senior drivers](#)

<https://www.icbc.com/driver-licensing/getting-licensed/Tips-for-Senior-Drivers>

4. Driver Cessation

[Is it time to stop driving?](#) <https://www.healthlinkbc.ca/more/healthy-aging/seniors-health/healthy-aging-it-time-stop-driving>

5. [SPARC BC Parking Permit Program](#) www.sparc.bc.ca

Parking permit program for people with mobility limitations.

Home Support Resources

1. [Better at Home](#) <https://betterathome.ca>

Supporting the non-medical needs of older adults in B.C. Services vary by community and may include transportation, housekeeping, grocery shopping, friendly visiting, etc.

2. [BC Rebate for Accessible Home Adaptations \(BC RAHA\)](#)

<https://www.bchousing.org/housing-assistance/BC-RAHA>

Provides financial help to eligible low-income households for home adaptations for independent living.

3. [Home Support Services](#)

<https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/home-support>

Services to help you remain independent and live in your home as long as possible.

4. [BC Govt Seniors Housing Options and Information](#)

<https://www2.gov.bc.ca/gov/content/housing-tenancy/seniors-housing>

Information about housing options for seniors in BC.

Social Support Resources

1. Volunteer BC volunteerbc.bc.ca

A provincial organization promoting the impact and value of volunteerism in B.C.

2. [TELUS Mobility for Good](http://www.telus.com/MobilityForGoodSeniors) www.telus.com/MobilityForGoodSeniors

Provides low-income seniors with a free refurbished phone, 3GB of data, and unlimited Canada-wide talk & text.

3. [SeniorsBC](http://www2.gov.bc.ca/gov/content/family-social-supports/seniors) www2.gov.bc.ca/gov/content/family-social-supports/seniors

Government website with resources on healthy aging, finances, housing, and more for seniors in BC.

4. [Seniors First BC](http://www.seniorsfirstbc.ca) www.seniorsfirstbc.ca

Provides advocacy, emotional support, and referrals for older adults across BC.

5. [Protection from Elder Abuse and Neglect](https://www2.gov.bc.ca/gov/content/family-social-supports/seniors/health-safety/protection-from-elder-abuse-and-neglect) <https://www2.gov.bc.ca/gov/content/family-social-supports/seniors/health-safety/protection-from-elder-abuse-and-neglect>

Information and services on elder abuse

SAIL: [Seniors Abuse and Information Line](https://seniorsfirstbc.ca/programs/sail/) <https://seniorsfirstbc.ca/programs/sail/>