

Nunavut Senior Resources Guide

General

1. **211 Nunavut** — <https://nu.211.ca/>

Provides telephone information and referrals for community, social, health, and government services available around-the-clock in Nunavut.

2. **Seniors' Information Handbook**

[https://assembly.nu.ca/sites/default/files/TD-286-4\(3\)-EN-Nunavut-Senior-Information-Handbook.pdf](https://assembly.nu.ca/sites/default/files/TD-286-4(3)-EN-Nunavut-Senior-Information-Handbook.pdf)

An overview of federal, territorial, and municipal services and products offered to elders and their caregivers in Nunavut.

Health

1. **Nunavut Health Care Plan**

<https://gov.nu.ca/health/information/nunavut-health-care-plan>

Covers the cost of insured medical care both inside and outside the territory for Nunavut residents.

2. **Non-Insured Health Benefits (NIHB)**

<https://gov.nu.ca/health/information/non-insured-health-benefits>

- Assists qualifying Land Claim Beneficiaries with expenses not covered by the Nunavut Health Care Plan.
- Services Offered: Covers prescription medications, dental and vision care, medical supplies, mental health counseling, and medical transportation.
- Eligibility: First Nations and Inuit.

3. [Extended Health Benefits \(EHB\)](#)

<https://gov.nu.ca/health/information/health-insurance-extended-health-benefits>

- Provides coverage for medical services not covered by the Nunavut Health Care Plan or health benefit plans, including travel for medical purposes and specified conditions.
- Eligibility: Seniors 65+, non-aboriginals, and those who have exhausted other health insurance.

Home

1. [Home and Community Care](#)

<https://www.gov.nu.ca/health/information/home-and-continuing-care>

Offers health care and support services in the home for those with illness, poor health, or disability, based on assessment.

2. [Public Housing](#)

<https://www.nunavuthousing.ca/programs/public-housing>

Provides public housing services through management agreements in 25 Nunavut communities.

Finances

1. [Senior Citizen Supplementary Benefit \(SCSB\)](#)

<https://www.gov.nu.ca/en/department-family-services/senior-citizen-supplementary-benefit>

A \$175 monthly payout to low-income seniors in Nunavut.

2. [Public Pensions](#) <https://www.canada.ca/en/services/benefits/publicpensions.html>

Information about retirement planning, Old Age Security (OAS) pension, Canada Pension Plan (CPP), and Canadian retirement income calculator.

3. **Senior Fuel Subsidy (SFS)**

<https://www.gov.nu.ca/en/social-supports/senior-fuel-subsidy-sfs>

Assists seniors who own and live in their homes with the high cost of heating fuel, with reimbursements available.

Social

1. **Nunavut Public Library** <https://www.publiclibraries.nu.ca/>

Provides access to books, magazines, DVDs, and other resources. Includes programs for children, free Internet access, movie screenings, interlibrary loans, and seasonal events promoting Nunavut's culture and literacy.