

Prince Edward Island - Senior Services and Resources

General Resources

1. [Seniors Navigator](#)

www.princeedwardisland.ca/en/information/social-development-and-housing/seniors-navigator)

Provides information for seniors' programs and services.

2. [Canada 211 PEI](https://pe.211.ca/) <https://pe.211.ca/>

Calling 211 can connect you to community, government, and social services and resources.

Health Resources

1. [Prince Edward Island Senior's Guide](#)

<https://www.princeedwardisland.ca/en/publication/prince-edward-island-seniors-guide>

All resources available for seniors in PEI with descriptions and contact information. Categories include active living, health services, and caregiving.

2. [Patient Registry Program](#)

<https://www.princeedwardisland.ca/en/service/find-a-family-doctor-or-nurse-practitioner>

Connects Islanders to a nurse practitioner or family doctor who is accepting new patients.

3. [811 Telehealth](#)

www.princeedwardisland.ca/en/information/health-and-wellness/811-telehealth

24-hour health advice over the phone. Dial 8-1-1 for guidance on health services and decision-making for medical attention.

4. [Community Mental Health Services](#)

www.princeedwardisland.ca/en/information/health-pei/community-mental-health-services

Access mental health services and be screened for care, with contact information provided for regional specialists. Note: Includes a 24/7 mental health and addictions phone line.

5. [Emergency Department Wait Times](#)

www.princeedwardisland.ca/en/information/health-pei/emergency-department-wait-times

View current wait times for emergency departments at multiple hospitals on the island.

6. [Virtual Health Care for Islanders Without a Primary Care Provider](#)

www.princeedwardisland.ca/en/service/virtual-health-care-for-islanders-without-a-primary-care-provider

Virtual health care for individuals without a primary care provider. Access consultations with a family physician via laptop, smartphone, or tablet.

7. [Seniors' Drug Program](#)

www.princeedwardisland.ca/en/information/health-pei/seniors-drug-program

Covers approved medications for seniors aged 65 and older, with a nominal fee for prescriptions.

8. [Geriatric Program](#)

www.princeedwardisland.ca/en/information/health-pei/geriatric-program

Offers geriatric assessments for seniors experiencing difficulty with memory, mobility, daily care, and medication management.

9. **Alzheimer Society of PEI** <https://alzheimer.ca/pei/en>

Provides services, programs, and resources for people living with dementia, as well as support for caregivers and families.

10. **Patient Navigator Service**

www.princeedwardisland.ca/en/information/health-pei/patient-navigator

Helps access health services and provides guidance in finding community resources and coordinating care.

11. **Canada Deafblind Association - New Brunswick and PEI**

<https://www.cdba-nb.ca/>

Support for individuals with hearing and vision impairments and their families.

12. **Paramedics Providing Palliative Care at Home Program**

www.princeedwardisland.ca/en/information/health-pei/paramedics-providing-palliative-care-at-home-program

In-home palliative care available during evenings and overnight for registered individuals.

13. **Meals on Wheels** <https://mealsonwheelspei.ca/chapters/charlottetown/>

Meal delivery service across various regions. Meals cost \$4 per serving.

Home Resources

1. **PEI Home Care Program**

www.princeedwardisland.ca/en/information/health-pei/home-care-program

Provides services to support seniors in staying home safely, including nursing, palliative care, physiotherapy, and home support.

2. [Long-Term Care](#)

www.princeedwardisland.ca/en/information/health-pei/long-term-care

Information on public and private long-term care facilities, eligibility criteria, and associated costs.

3. [Seniors Independence Initiative](#)

<https://www.princeedwardisland.ca/en/service/seniors-independence-initiative>

Provides financial assistance for services such as housekeeping, meals, transportation, and yard work to help seniors live independently.

4. [PEI Home Renovation Programs](#)

www.princeedwardisland.ca/en/service/pei-home-renovation-programs

Financial assistance for essential home repairs through various programs such as the Seniors Home Repair Program and Seniors Safe @ Home Program.

Transportation

1. [Designated Parking Permit Program](#)

<https://resourceabilities.ca/#:~:text=Purchase%20a%20Designated%20Parking%20Permit&text=To%20obtain%20a%20form%20for,brought%20to%20a%20ResourceAbilities%20office.>

Parking permit for individuals unable to walk more than 75 metres without difficulty or risk. Requires a doctor's certificate.

2. [Driver Refresher Course/55 Alive](#)

www.princeedwardisland.ca/en/information/transportation-infrastructure-and-energy/driver-refresher-course55-alive

A 6-hour course for older drivers to improve their driving skills and adapt to physical changes due to aging.

3. **Transportation West** <https://transportationwest.com/>

Affordable transportation for medical appointments, grocery shopping, and other services.

4. **Pat and the Elephant** <https://patandtheelephant.org/>

Specialized transportation for individuals with mobility, vision, or hearing challenges, including non-emergency stretcher transportation.

5. **Public Transit (T3 Transit)** www.t3transit.ca/

Municipal and rural transit services. Fares are \$2, exact change required.

Finances

1. **Credit Counselling PEI** <https://www.debt.ca/credit-counselling/pei>

Offers free financial advice and services from certified credit counsellors.

2. **Free Tax Clinics**

www.canada.ca/en/revenue-agency/services/tax/individuals/community-volunteer-income-tax-program.html

Volunteers provide free tax filing assistance for seniors, available in-person, by phone, or video conference.

3. **Seniors Property Tax Deferral Program**

www.princeedwardisland.ca/en/information/finance/seniors-property-tax-deferral-program-0)

Defers property tax payments for seniors 65+ with an annual income under \$35,000.

4. **Social Assistance Program**

www.princeedwardisland.ca/en/information/social-development-and-housing/social-assistance-program

Provides financial support to help seniors meet basic needs like food, shelter, medications, and more.

Social Resources

1. **Seniors College** www.seniorscollege.ca/news-details.aspx?nid=1158

Offers courses in various subjects, including arts, computers, and social sciences, for seniors with a membership.

2. **go!PEI** <https://gopei.ca/programs/>

Community-based programs that offer physical activities and social opportunities for seniors.

3. **PEI Community Schools** <https://peicommunityschools.com/>

Offers courses like arts, crafts, and beginner computer skills for seniors.

4. **PEI Party Line**

www.princeedwardisland.ca/en/news/free-phone-based-activities-now-available

Free phone-based activities and social opportunities for seniors.