

Saskatchewan

Aging in Place Resources

General Resources

1. **211 Saskatchewan** <https://sk.211.ca/>

211 Saskatchewan provides a database of over 6,000 government, social, and non-clinical health services available throughout the province, online or by phoning 211

2. **Saskatchewan Government Website** www.saskatchewan.ca/

Official provincial government website.

3. **Programs and Services of Interest to Seniors**

<https://publications.saskatchewan.ca/#/products/85665>

Detailed information on various beneficial senior programs and services available in Saskatchewan.

Health Resources

1. **HealthLine 811**

www.saskatchewan.ca/residents/health/accessing-health-care-services/healthline

A confidential telephone line offering advice, education, and support on health, mental health, and addictions.

Services Offered: Free advice and education. Referral: Contact: 811

2. **Saskatchewan Health Authority**

<https://www.saskhealthauthority.ca/facilities-locations>

Directory of medical facilities across Saskatchewan.

3. Accessing Health Care Services

www.saskatchewan.ca/residents/health/accessing-health-care-services

Information on services like Care at Home, Audiology, Palliative Care Programs, and more.

4. Navigating the Saskatchewan Healthcare System

<https://sk.bluecross.ca/advice-centre/blog/navigating-the-saskatchewan-healthcare-system/>

Guide to understanding what is covered by Saskatchewan health cards.

5. Supplementary Health Benefits

www.saskatchewan.ca/residents/health/prescription-drug-plans-and-health-coverage/extended-benefits-and-drug-plan/supplementary-health-benefits

Information on health services and goods covered under supplementary health benefits.

6. Health Resources for Seniors in Saskatoon

<https://www.scoa.ca/community-resources-links/health-and-aging>

Programs promoting social participation and wellness for seniors in Saskatoon.

7. Caregiver Resource Guide www.saskatooncaregiver.ca/pdf/SCRG.pdf

A comprehensive guide for caregivers in Saskatchewan.

8. Partially Covered Services

www.saskatchewan.ca/residents/health/prescription-drug-plans-and-health-coverage/health-benefits-coverage/partially-covered-services

Information on services that are only partially covered by Saskatchewan health insurance.

9. **Palliative Care Program** www.saskatchewan.ca/residents/health/accessing-health-care-services/palliative-care-programs

Palliative Care Drug Program offers over-the-counter and prescription medications for people nearing the end of life.

Home and Housing Resources

1. Home Care

<https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/home-care>

Professional and support services for seniors aging in place.

2. Rental Housing for Seniors

<https://www.saskatchewan.ca/residents/housing-and-renting/renting-and-leasing/rental-housing-for-seniors-in-small-communities>

Provides rental housing to individuals and couples who are 55 years of age or older. This program is offered in all communities when there are no eligible applicants for Social Housing Program units in the community.

3. A Guide for Aging Well in Regina – Age-friendly Regina

<https://agefriendlysk.ca/wp-content/uploads/2023/04/Housing.pdf>

Provides information about in-home supports and housing options that are available for older adults.

3. Long-Term Care

www.saskhealthauthority.ca/your-health/conditions-diseases-services/healthline-online/abo6151

Information on long-term care services, prices, and quality.

4. [Home Repair Program](#)

www.saskatchewan.ca/residents/housing-and-renting/home-repairs-and-renovations/adapt-a-home-for-a-person-with-a-disability?utm_source=b2c_blog&utm_medium=organic&utm_campaign=post_page_agin_g_in_place_tax_credits,_grants_&_loans_in_canada&utm_content=home_repair_program

Financial aid for low-income homeowners or landlords to make homes more accessible for people with disabilities.

Transportation Resources

1. [Public Transportation](#)

www.saskatchewan.ca/residents/transportation/public-transportation

List of public transit systems in Saskatchewan.

2. [Accessible Parking](#)

www.saskabilities.ca/services/independent-living/accessible-parking/

Parking permits for people with mobility impairments.

Financial Resources

1. [Seniors Income Plan](#) (SIP)

www.saskatchewan.ca/residents/family-and-social-support/seniors-services/financial-help-for-seniors

Provides financial support to seniors for basic living needs.

2. [Personal Care Home Benefit](#)

www.saskatchewan.ca/residents/family-and-social-support/seniors-services/seniors-living-in-personal-care-homes

Financial support for seniors in registered personal care homes.

3. **Home Accessibility Tax Credit (HATC)**

https://www.canada.ca/en/revenue-agency/programs/about-canada-revenue-agency-cra/federal-government-budgets/budget-2015-strong-leadership/home-accessibility-tax-credit-hatc.html?utm_source=b2c_blog&utm_medium=organic&utm_campaign=post_page_agin_g_in_place_tax_credits_grants_&_loans_in_canada&utm_content=home_accessibility_tax_credit

Non-refundable tax credit for qualified home renovations for accessibility improvements.

4. **Saskatchewan Special Support Program (SSP)**

<https://3shealth.ca/pdfs/ebp-docs/About-SSP-Information-Sheet-202204.pdf>

Financial assistance for people with high medication expenses relative to their income.

5. **Extended Benefits and Drug Plan**

www.saskatchewan.ca/residents/health/prescription-drug-plans-and-health-coverage/extended-benefits-and-drug-plan

Various drug plans and supplements for residents of Saskatchewan.

6. **Free Tax Clinic**

www.canada.ca/en/revenue-agency/services/tax/individuals/community-volunteer-income-tax-program/lend-a-hand-individuals/about.html

Free tax clinics where volunteers assist with preparing income tax returns.

Social Resources

1. **Saskatchewan Library Association** (SLA) <https://www.saskla.ca/>

Provides advocacy, education, and cultural opportunities for library employees and public.

2. **CSARN** (Canadian Senior Artists Resource Network) www.csarn.ca/

Supports senior professional artists in visual and performing arts across Canada.